Gym Schedule July 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 **Pickleball** 9:30am-1pm **GYM CLOSED** **1 pm to 3 pm** **Open Gym** **3**:00-6:45 pm	3 **OPEN GYM**
4 **YMCA CLOSED FOR JULY 4TH**	5 **Pickleball** 9:30am-1pm **CLOSED FOR CLEANING** 1:00 pm-2:00 pm **Open Gym** 2pm to Close	6 **CLOSED FOR CLEANING** 9:00am-10:30am **Open Gym** 10:30 am to Noon **GYM CLOSED** Noon to 2 pm **Open Gym** 2pm to Close	7 **Pickleball** 9:30am-1pm **CLOSED FOR CLEANING** 1:00 pm-2:00 pm **Open Gym** 2pm to Close	8 **CLOSED FOR CLEANING** 9:00am-10:30am **Open Gym** 10:30 am to Noon **GYM CLOSED Noon to 2 pm** **Open Gym 2**pm to 5pm **Pickleball** 5:30-7:30 pm	9 **Pickleball** 9:30am-1pm **GYM CLOSED** **1 pm to 3 pm** **Open Gym** **3**:00-6:45 pm	10 **OPEN GYM**
11 **OPEN GYM**	12 **Pickleball** 9:30am-1pm **CLOSED FOR CLEANING** 1:00 pm-2:00 pm **Open Gym** 2pm to Close	13 **DASH & SPLASH** 9:00am-10:00am **Open Gym** 10:30 am to Noon **GYM CLOSED Noon to 2 pm** **Open Gym 2**pm to Close	14 **Pickleball** 9:30am-1pm **CLOSED FOR CLEANING** 1:00 pm-2:00 pm **Open Gym** 2pm to Close	15 **CLOSED FOR CLEANING** 9:00am-10:30am **Open Gym** 10:30 am to Noon **GYM CLOSED Noon to 2 pm** **Open Gym 2**pm to 5pm **Pickleball** 5:30-7:30 pm	16 **Pickleball** 9:30am-1pm **GYM CLOSED** **1 pm to 3 pm** **Open Gym** **3**:00-6:45 pm	17 **OPEN GYM**
18 **OPEN GYM**	19 **Pickleball** 9:30am-1pm **CLOSED FOR CLEANING** 1:00 pm-2:00 pm **Open Gym** 2pm to Close	20 **CLOSED FOR CLEANING** 9:00am-10:30am **Open Gym** 10:30 am to Noon **GYM CLOSED** Noon to 2 pm **Open Gym** 2pm to Close	21 **Pickleball** 9:30am-1pm **CLOSED FOR CLEANING** 1:00 pm-2:00 pm **Open Gym** 2pm to Close	22 **CLOSED FOR CLEANING** 9:00am-10:30am **Open Gym** 10:30 am to Noon **GYM CLOSED Noon to 2 pm** **Open Gym 2**pm to 5pm **Pickleball** 5:30-7:30 pm	23 **Pickleball** 9:30am-1pm **GYM CLOSED** **1 pm to 3 pm** **Open Gym** **3**:00-6:45 pm	24 **Open Gym** 8 am to 12:30pm **DASH & SPLASH** 12:30pm-1:30pm **Open Gym** 1:30pm to Close
25 **OPEN GYM**	26 **Pickleball** 9:30am-1pm **CLOSED FOR CLEANING** 1:00 pm-2:00 pm **Open Gym** 2pm to Close	27 **DASH & SPLASH** 9:00am-10:00am **Open Gym** 10:30 am to Noon **GYM CLOSED Noon to 2 pm** **Open Gym 2**pm to Close	28 **Pickleball** 9:30am-1pm **CLOSED FOR CLEANING** 1:00 pm-2:00 pm **Open Gym** 2pm to Close	29 **CLOSED FOR CLEANING** 9:00am-10:30am **Open Gym** 10:30 am to Noon **GYM CLOSED Noon to 2 pm** **Open Gym 2**pm to 5pm **Pickleball** 5:30-7:30 pm	30 **Pickleball** 9:30am-1pm **GYM CLOSED** **1 pm to 3 pm** **Open Gym** **3**:00-6:45 pm	31 **OPEN GYM**

GYM INFORMATION FOR COVID-19

OPEN GYM INFORMATION

- Please practice social distancing.
- The Switzerland County YMCA will be unable to provide gym balls at this time.
- Locker rooms are NOT available for gym participants
- Bleachers are to remain upright
- Place personal items on the West wall
- Only WATER is allowed in the gym (no other beverages or food allowed)
- Back door is not available for an exit, but only in an emergency situation
- Family restroom and Front Hallway restrooms are available
- Please take extra time to read YMCA Gym Policy.

PICKLEBALL GYM INFORMATION

- Please practice social distancing at all times.
- Gym will be accessible only 5 minutes prior to the day scheduled time
- Reserving your spot is available online or contact the front desk
- Place personal items on the WEST wall depending on which court you are playing
- Locker rooms are NOT available for gym participants
- Bleachers are to remain upright
- Back door is not available for an exit, but only in an emergency situation
- Family restroom and Front Hallway restrooms are available
- Only WATER is allowed in the gym (no other beverages or food allowed)